

"I had no idea that history was being made. I was just tired of giving up" - Rosa Parks





Letter from Leadership

Happy Valentines Day from all of us at Educare DC!

Black History Month: This month, we celebrate Black thinkers and history makers' many contributions throughout time. We strive to acknowledge and celebrate their impact this month and every other month of the year! Keep an eye out for on our social media as we highlight some of those Black thinkers and history makers, along with fun lesson and learning opportunities throughout the month!

Open House Mini-Series: This month, we are starting our open house mini-series for prospective parents! There will be fine total sessions, starting with a general session on February 9th, followed by sessions on our prenatal program, food and nutrition and more! Keep an eye out for more information.

Care Packages: Educare DC will be providing students and their families with a second educational and household essentials care packages! Family Engagement will connect with families to ensure they know when and where to receive their packages.

Onsite Classrooms Open: We re-opened our onsite classrooms on Tuesday, January 19th. Our teachers are excited to be back in the classroom with all their students!

Parent Council Meeting: These meetings are a great way to learn about school updates, get involved in the school, and meet other parents and staff! A Zoom link will be sent via the Remind App and through your family engagement specialist. This month's meeting will be held on Tuesday, February 23rd at 5 pm.

Prenatal Program: The new program will support pregnant mothers and their babies to ensure they have access to quality healthcare, support from coaches, and connection with other mothers. Email **enroll@educaredc.org**, call 202.727.5604, or visit our webpage at **www.educaredc.org/prenatal/** to learn more and join today!

Important Dates in February

- 11-12th: Mid-Winter Break (School Closed)
- 15th: Presidents' Day (School Closed)
- 23rd: Parent Council Meeting



Throwback to our 2019 winter dance!

Additional Information:

Contact Educare DC: Please call 202.727.5604 if you have any questions.

Remind App: Remember to utilize the Remind App, if you are not already - contact Family Engagement to help set an account up or if your phone number has changed.



Children's Art Studio Classes

We are working with Children's Art Studio, Washington DC, to bring fun art classes to our onsite and remote students! Through small class sizes, Children's Art Studio provides thoughtful instruction and the inventive use of high-quality materials to create the conditions for children to deeply engage in creating art and promoting development across a wide range of domains.

In the studio, children make meaning. Their understanding of themselves,

their intellectual and emotional worlds deepens and expands. Completing complex, tactile-rich projects encourages healthy brain development, which builds the neurological framework for the acquisition of knowledge, skills, and values. Making art has tremendous value for cognitive development. For example, when children represent ideas through building, drawing, painting, and sculpture, they show that they understand something about symbolic or abstract thinking: "I'm using this to stand in for that".



Learning Tip of the Month

Help your child work through social conflict.

For young children, social conflicts can arise anytime, such as when one child takes a toy from another or when kids physically and emotionally "bump into each other" in confusing ways. They may respond to these kinds of situations by crying, yelling, throwing, or running to an adult.

Emotions can run high when kids face social challenges and don't know how to process and work through their feelings. But some skills and exercises will help your child learn how to collaborate, cooperate, communicate, negotiate, self-advocate, and respect others. Below are some fun and easy ways to help teach your child how to work through conflict:

- Talk About Cause and Effect: Help young children draw a connection between their actions, their feelings, and the feelings of others. Such as "You were mad at your brother since he took your toy! Then you hit your brother. Now you are both mad and sad" - then help them imagine how better choices can change those feelings ' "Let's play puzzles together. We love puzzles and feel better when we share."
- "Tall a Grown-Up": Even from an early age, it is important to remind children that there are times they can solve problems on their own, but there are also times when it is important to get help from a trusted adult.



"I would like to give a shout out to Angela and Rouki for working overtime and even during winter breaks to remind parents and collect health documents that are needed to make our program in compliance with OSSE." - Ms. Patricia

"Shout out to JaiFawn for all her hard work and creativity with recruitment! It has been a pleasure working and growing our comms and marketing strategies together. I am excited to continue working with you and to see the amazing things you accomplish!" - Ms. Megan David

"Shout out to Ms. Barbara and Ms. Kia! You both joined Educare DC during the pandemic and haven't even met most of your colleagues in person, yet you are both integral to our IDEA partnership and expansion. I appreciate how hard you've both been working to get the project underway and can't wait to see the result - more high-quality early learning opportunities for young children in our community!" -Ms. Hannah Urrey

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A School for Your Community

Educare of Washington, DC, is an early childhood school built to serve the children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Head Start and the University of Maryland.