

Spring brings new growth, weed out the bad and make room for something beautiful 2 \* \*

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### Letter from Leadership

**Happy Spring!** The weather is starting to warm up, the sun is out longer, birds are singing, and the flowers are blooming! The school will be closed from April 9th – 16th for spring break and in honor of Emancipation Day. We hope everyone has a fun and safe break, enjoying the warmer weather!

**Parent Council Meeting:** These meetings are a great way to learn about school updates, get involved in the school, and meet other parents and staff! A Zoom link will be sent via the Remind App and through your family engagement specialist. This month's meeting will be held on **Tuesday, April 27th at 5 pm.** 

**Prenatal Program:** This new program will support pregnant mothers and their babies to ensure they have access to quality healthcare, support from coaches, and connection with other mothers. Email **enroll@educaredc.org**, call 202.727.5604, or visit our webpage at **www.educaredc.org/prenatal/** to learn more and join today!

# Important Dates in April

- **9th-16th:** Spring Break and Emancipation Day (School Closed)
- 27th: Parent Council Meeting at 5pm

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### **Additional Information:**

**Contact Educare DC:** Please call 202.727.5604 if you have any questions.

**Remind App:** Remember to utilize the Remind App, if you are not already - contact Family Engagement to help set an account up or if your phone number has changed.



## **Learning Tip of the Month**



### Invite your child to be **curious** and **explore**!

When we nurture our children's curiosity, it can open their brain and body to new ideas and new possibilities. Curiosity motivates our little ones to explore, learn, and grow. Research has even shown that greater curiosity is associated with better learning. When we plant the seed of curiosity, it gives our children space and freedom to discover who they are - their likes, dislikes, and preferences.

We are often short on time and can find ourselves coaxing our kids to try new things, such as "just try it," but when we do this, our children often sense controlling energy and go into defense and protection mode, such as "I am not trying that!". By adjusting our phrasing and exercising some patients, we can encourage our children's curiosity to try new things. You can use sentence starts, such as "I wonder...", "What if...", and "How can we..." to create questions to foster curiosity and exploration. Sometimes this takes time - it is natural for kids to be hesitant - let them come to things on their own time and at their pace. Below are some examples of how to motivate your child's curiosity that can fit into your everyday activities:

- **Cleaning up before leaving the house:** Ask them how you can have fun while cleaning up, such as their toys let them come up with a game for putting away their things.
- **Trying new food:** When you are trying to introduce a new food to them, ask them, "I wonder how this will taste for you?" and then ask them their thoughts once they have tried it.



"Shout out to Mr. Jeff, Ms. Shelly, and Ms. Sharita for serving on a teacher panel at our board of directors retreat in March, and to Ms. Ebony and Ms. Angela for serving on a wraparound services panel. By talking about your work and answering the board's questions, you helped grow their understanding of how Educare DC makes a difference for children and families – and of how they can support us as during this period of growth and transition. It can be scary to open yourself up to questions, but you all did an awesome job! Thank you!" - Ms. Hannah Urrey

"Shout out Ms. Marie for her emotional support, chocolate, and wings during my season of grief." - Ms. Jacqueline Makinde "Shout-out to the Family Engagement TEAM led by Head Coach White. Each day role players: Brooks, Burns, and Black approach serving families and children with intentionality, passion, and compassion. If facing 3rd and 10 in a playoff game, and securing outcomes for families was on the line, I would bet on THIS team every single time!!" With deepest respect and honor, Your teammate Mrs. Glover

"I want to thank Ms. Dianna for being such an amazing colleague and person. I can always count on Ms. Dianna to help me execute to the fullest while wearing a smile" - Ms. Vinele Butler

"Ms. Scott deserves a shout-out for bringing innovative ideas to the Comprehensive Services team. She jumped right in as soon as she was onboarded. She has been an integral part of the team and is always willing to support us when we need her. Thank you for being such a great team player and for being such a great support for families!" - Ms. Angela Williams

#### A School for Your Community

Educare of Washington, DC, is an early childhood school built to serve the children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Head Start and the University of Maryland.