

"Do not be silent; there is no limit to the power that may be released through you." — Howard Thurman



Letter from Leadership

Juneteenth commemorates the day that enslaved people in Texas, the last Confederate state, learned about the Emancipation Proclamation - marking the official end to slavery in every state in the United States. Juneteenth is about celebrating the journey and achievements of African Americans - a story of pride, resilience, and determination. Happy Juneteenth everyone!

Re-Enrollment for the 21-22 school year is underway! Please check with our Enrollment Team to ensure you have completed the required steps to secure your child's placement at Educare DC for the next school year. Contact enroll@educaredc.org or your FES for assistance.

Parent Council Meeting: These meetings are a great way to get involved in the school, and meet other parents and staff! A Zoom link will be sent via the Remind App and through your family engagement specialist. This month's meeting will be held on **Tuesday**, **June 8th at 5 pm** and we will be talking about end-of-the-year updates.

Prenatal Program: This new program will support pregnant mothers and their babies to ensure they have access to quality healthcare, support from coaches, and connection with other mothers. Email **enroll@educaredc.org**, call 202.727.5604, or visit our webpage at **www.educaredc.org/prenatal/** to learn more and join today!



Important Dates in June

- 8th, at 5 pm Parent Council Meeting
- **25th -** Professional Development Day (School Closed)

Additional Information:

Contact Educare DC: Please call 202.727.5604 if you have any questions.

Remind App: Remember to utilize the Remind App, if you are not already - contact Family Engagement to help set an account up or if your phone number has changed.



Children's Art Studio Classes

Warmer weather is finally here! In an attempt to revamp Educare Eden, our school garden, a few of our classrooms will participate in different garden excursions to discover and learn about our phenomenal garden!

Every Wednesday, our students and teachers will get together to clean garden beds, plant flowers, and learn how to use garden tools safely. Our classrooms are also learning about the importance of taking care of the earth, eating healthy fruit and vegetables, and using nature to take of our bodies.

We are excited to continue working with our partners at City Blossoms. City Blossoms works with our teachers to bring the fun of gardening to our children and families. We can't wait to see all the wonderful things that will grow and flourish in our garden this year!













Learning Tip of the Month

Building resilience in kids.

Childhood is all about growing, both physically and cognitively. As adults, we often take for granted simple tasks, such as buttoning a jacket, but in reality, we have practiced many times during our lives to master them. Every time our kids work through these big and small challenges, they are build their skills for resilience and perseverance.

These are not fixed traits that children are born with, but rather skills that they develop slowly through life experience, practice, and with the support of caring adults. There are four ways parents and caregivers can help support the growth of these vital skills:

- 1) Help children name their goals goals are powerful! When children can name a small goal, it can help them focus their attention, explore strategies, and persist when things go wrong.
- 2) Help children work through tough emotions sometimes, learning can be frustrating. A little empathy can go a long way in helping kids find the strength to try again.
- 3) Praise children's efforts give specific praise, generic praise, such as "good work!", is warm and supportive, but descriptive praise is even more powerful. This is because it's specific and helps kids make the connection between what they are doing and what they are learning. The shift can be as simple as adding "good working figuring out how to share with your sister!"
- 4) Use stories to teach them about "yet" the word "yet" is a bridge between frustration and future possibility. Stories are a great tool for inspiring kids to perseveres by allowing them to see and hear about others working through challenges.



"I want to add a shout out to: Hannah and Megan for creating a beautiful and compelling <u>Annual Report</u>, which is a reminder of all we have accomplished in a difficult year! You can check out the <u>report here</u>! " - Pyper Davis

"I would like to recognize the enrollment team for approaching every new ERSEA experience with the willingness and eagerness to learn. It's always beneficial to be a part of a team that is committed to the mission and dedicated to getting the work done efficiently and accurately. It's hard work and I see that you take pride in doing it! Keep that Energy!" -Precious Cunningham-

"Shoutout to Ms. Dianna, Torrian, and Selasi for being an exceptional team to work with onsite! I have learned so much from each of you. Your dedication and work ethic is commendable, and it is a pleasure to call you all my colleagues!" -Jayda

"Shoutout JaiFawn, Hannah, and the enrollment team for all the hard work they are doing with improving our enrollment marketing and reaching out to new families for our new IDEA site and prenatal program!" - Megan

A School for Your Community

Educare of Washington, DC, is an early childhood school built to serve the children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Head Start and the University of Maryland.