

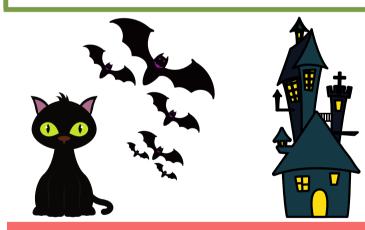
"What we have learned is like a handful of earth. What we have yet to learn is like the whole world." - Avvaiyar

Letter from Leadership

- Breast Cancer Awareness Month Walk: October is Breast Cancer Awareness month. Our Comprehensive Service Team is planning a walk at both Parkside and IDEA in mid-October. Keep an eye out for more information to come.
- Family Wellbeing Program at Educare DC: Connect with a community of families committed to supporting the social and emotional health of our children, our selves and each other! The Family Wellbeing Program offers mindful parenting sessions and other services to support the emotional resilience of families. Sign up for this fall's virtual 8-week session for free at https://forms.gle/E3qcsjPt5K3tdUWFA or email FamilyWellbeingProgram21@gmail.com for more information.
- **Parent Council Meeting:** Thanks to everyone who voted, and congratulations to all the new parent council officers! Join us for this month's parent council meeting on Tuesday, October 19th at 5pm ! A Zoom link will be sent via the Remind App and through your family engagement specialist. These meetings are a great way to get involved in the school and meet other parents and staff!
- **Parent Café:** Join this month's parent café via Zoom at 5:30pm on Thursday, October 28th! Keep an eye out for more info soon from your family engagement specialist.
- **Prenatal Program:** This new program supports pregnant mothers and their babies ensuring that they have access to quality healthcare, support from coaches, and connection with other mothers. Email <u>enroll@educaredc.org</u>, call 202.727.5604, or visit our webpage at <u>www.educaredc.org/prenatal/</u> to learn more and join today!

Important Dates in October

- 8th Professional Development Day (School Closed)
- 11th National Indigenous People's Day (School Closed)
- 19th Parent Council Meeting at 5pm
- 28th Parent Café at 5:30 pm



Additional Information:

Contact Educare DC: Please call 202.727.5604 if you have any questions.

Remind App: Remember to utilize the Remind App, if you are not already - contact Family Engagement to help set an account up or if your phone number has changed.



This summer, our classes prepared the soil and planted some vegetables in our school garden. They nurtured them throughout the year - watering them, picking weeds, and watching them grow. Now that it's fall, it's harvest time! We had squash, carrots, and more!



Make science exciting!



Science is all around us, and fall is a perfect season to see it in action - the changing color of the leaves, cool weather, and even pumpkins!

There is so much you can teach your kids with pumpkins! They can explore the color, texture, size, shape, even practice fine motor skills with painting and decorating. Below are some fun pumpkinrelated science activities:

- Examine the Outside: pumpkins come in all shapes, sizes, and colors. Take the time to talk about what your pumpkin looks like - what color is it? Is it smooth or bumpy? Is it round or wide? Large or small?
- **Examine the Inside:** What do you call the stuff inside the pumpkin? This is the perfect time to introduce some new knowledge and vocabulary to your kids. Take the time to let them see and feel the contents of the pumpkins and help them name them the seeds, fibrous strands (pumpkin guts), rind, stem, and so on!



"Huge shout out to Mr. Linwood Cole on his excellent CCP family engagement presentation AND to the instructional coaches on their ACEs presentation! Both presentations were informative and enlightened everyone on the importance of trauma-informed approaches in our work! Shout out to Vinele for her quick and organized turnaround on non-federal share board meeting details!" -Ms. Talia Newman



"Shout out to Nancy! Thank you for continuing to coordinate and support our weekly COVID testing, even as we expanded it to include all staff." - Ms. Hannah

"I would like to give a SUPER SHOUTOUT TO Ms. Breonica!!! She is always willing to drop everything and lend a helping hand no matter what the circumstance. I appreciate your dedication and I am grateful for your support. Thank you for being amazing!" Mrs. Kelly

A School for Your Community

Educare of Washington, DC, is an early childhood school built to serve the children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Head Start and the University of Maryland.