

"Autumn is the season to find contentment at home by paying attention to what we already have."



# **Letter from** Leadership

- Thanksgiving Break: We hope everyone has a wonderful Thanksgiving Break and enjoys the time off with friends and family!
- Family Wellbeing Program at Educare DC: Connect with a community of families committed to supporting the social and emotional health of our children, our selves and each other! The Family Wellbeing Program offers mindful parenting sessions and other services to support the emotional resilience of families. Sign up for this fall's virtual 8-week session for free at https://forms.gle/E3qcsiPt5K3tdUWFA or email <u>FamilyWellbeingProgram21@gmail.com</u> for more information.
- Parent Council Meeting: Thanks to everyone who voted, and congratulations to all the new parent council officers! Join us for this month's parent council meeting on Tuesday, November 16th at 5pm! A Zoom link will be sent via the Remind App and through your family engagement specialist. These meetings are a great way to get involved in the school and meet other parents and staff!
- **Parent Café:** Join this month's parent café via Zoom at 5:30pm on Thursday, November 18th! Keep an eye out for more info soon from your family engagement specialist.
- **Prenatal Program:** This new program supports pregnant mothers and their babies ensuring that they have access to quality healthcare, support from coaches, and connection with other mothers. Email enroll@educaredc.org, call 202.727.5604, or visit our webpage at www.educaredc.org/prenatal/to learn more and join today!























- 5th: Professional Development Day (School Closed for Students)
- 11th: Veterans Day (School Closed)
- 16th: Parent Council Meeting at 5pm
- 18th: Parent Café at 5:30pm
- 24th: 1/2 Day for Students and Staff (Pickup for Families Between 12pm - 1pm)
- 25th-26th: Thanksgiving Break (School Closed)





2021 Breast Cancer Awareness Walk

### **Additional Information:**

Contact Educare DC: Please call 202.727.5604 if you have any questions.

Remind App: Remember to utilize the Remind App, if you are not already - contact Family Engagement to help set an account up or if your phone number has changed.



## **Classroom Spotlight! 164!**

This past month, class 164 explored the power of push and pull!

By using wagons, the teachers helped their students learn that they could push and pull the wagon. As a result, the students became more interested in playing with the wagon and started to explore more by putting different items - such as baby dolls and themselves - into the wagon to see how it would change.

Through this exploration, our students worked on many different developmental areas! They built fine motor skills, coordination, and big muscles. These are all essential skills to help our students grow by helping with their motor and thinking skills.

#### **Learning Tip of the Month**

Fall is a season full of changes and provides many different opportunities for children to explore **science and art!** 

The leaves change color, the weather gets cooler, and trees start to drop acorns and pinecones. You can take this time to go on walks and talk about the changes with your child and do some fun activities to help them explore the changes.

One simple activity is sorting leaves! As you walk, gather different colored leaves and then have your child sort them by their different colors. This might also be a good time to introduce color combinations by allowing them to explore mixing different colors, such as red and yellow, to make orange.

You can also create autumn discovery bottles. Go on a walk and allow your child to put different items they find into the bottle. As they put various items, such as leaves, acorns, and so on, you can talk about the different items and where they come from. For example, acorns come from the trees or mushrooms growing from the ground.



"I would like to congratulate our newly certified Food Safety Managers: J. Makinde, A. Williams, R. Kirakoya, B. Hassel, M. Dunn, T. Brent, & myself, these classes were administered and proctored by our Nutrition Consultant (Sue). This FSM certification is part of our CACFP requirement to have 2 or more staff members getting certified to ensure that we follow the highest standard for food service and preparation." - Ms. Patricia

"Thank you to the ENTIRE TEAM at our IDEA site for being absolute rockstars when we filmed our virtual tour video. I'm particularly grateful to the Flamingo Room team (Ms. Kelly, Ms. Tongalia and Ms. Kashonda) and the Butterfly Room team (Ms. Javi, Ms. Kamesha, Ms. Deniyka, and Ms. Shakira) for letting us film in your classrooms, and to Mr. Cole, David at the front desk and Kelsey, our perinatal coordinator, for appearing as yourselves, to Marquez and Ashley for helping coordinate, and to Marquez, again, and Ms. Dianna for being our on-camera tour hosts! Like most things, this project was harder to do in a pandemic, but I'm thankful to have such great colleagues helping us get it done!" - Ms. Hannah

"Miss Bernadette was the lead on a recent project. The self-assessment implementation required the team to gather data, analyze data, create a report, schedule meetings and supervise this process while holding team members accountable. Miss Bernadette did an awesome job communicating with team. She met with us letting us know what we needed every step of the way. There was never a time that I didn't know what to do. Miss Bernadette has a calming presence which helped make a stressful job manageable. At the end she comprised all our information and presented an excellent report. I was proud to be apart her team." Mr. Ben

#### A School for Your Community

Educare of Washington, DC, is an early childhood school built to serve the children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Head Start and the University of Maryland.