



Winter 2025

Gazette

"Act as if what you do makes a difference. It does." - William James

Letter from Leadership



Dear Educare Washington DC Families,

As we navigate these times of political uncertainty, it is more important than ever to lean on our community for support and resilience. At Educare DC, we celebrate the diversity of our families and encourage you to connect with each other, fostering relationships that enrich our children's lives. Together, we are stronger, and your involvement is vital for creating a nurturing environment for our little ones.

-Jamal Berry

Prenatal

Women's health is a hot topic for Moms 2 Be! The Moms 2 Be Prenatal Program started the Winter season with a workshop that focused on post-partum depression experienced by mothers and fathers: a serious subject but an important one. As we move through the season, we will continue to address topics relevant to women's health during pregnancy and the first year of their child's life.

Regardless of the topic, ongoing themes include self-care, nutrition, mental health, and holistic, individualized support as needed. We strive to inform, support, and empower. Learn more about Moms 2 Be at www.educaredc.org/prenatal

Comprehensive Services

Health is wealth! On January 29, 2025, Comprehensive Services' Child Nutrition Specialist Roukiatou Kirakoya distributed Farmer's Market Color Sorting Sets, Food and Vegetable Charts, and Growth Charts materials to all Educare DC Parkside classrooms

The materials will be used in all classrooms to help children familiarize themselves, identify types of fruits and vegetables, and promote healthy eating at school and home.



Important Dates



- **Friday, February 14** - Professional Development Day, No School for Students
- **Monday, February 17**, Presidents' Day, School Closed
- **Friday, March 7** - Professional Development Day, No School for Students

Follow us on social media for helpful reminders and updates

educaredc EducareWashingtonDC DCEducare

Education

Our commitment to high-quality education never wavers! The Family-Child Report (FCR) meetings were held at IDEA in January and at Parkside in January and February.

These meetings present an overview of how each student is performing in all domains, both inside and outside the classroom, and how Educare is supporting each child's family



Additional Information

Educare DC - Parkside: 202-727-5604

Educare DC - IDEA: 202-738-5034

Remind App: Remember to utilize the Remind App, if you are not already connected. Contact your family engagement specialist to help create an account or if your phone number has changed.



Advocacy

Join Us for Advocacy 101 Training: Empowering Parents to Make a Difference!

Will you join us! We are thrilled to invite you to our *Advocacy 101 Training* workshop on Thursday, February 13th at 3pm. This event is designed to equip parents and caregivers with essential tools to advocate effectively for children and families in our community. You'll gain valuable insights on how to communicate with DC Council members and how to testify to ensure your voice is heard!

Event Details:

Date: Thursday, February 13th

Time: 3:00 - 4:00 pm

Location: Educare-Parkside, Training Room

Food: Complimentary food will be provided

Activities for Kids: We will have engaging activities for children to enjoy during the workshop

Please RSVP by February 11th. To register, go here:

https://forms.office.com/pages/responsepage.aspx?id=hUFAzMsm1E6MBO_XYMgK6zyE59NNHjhCuTo46QE7o5UMUs5TUFZMdc3VFRZRidUTDJUQUIZRkFFWS4u&route=shorturl



Family Engagement

Family Engagement has got it going on! Keep a look out for upcoming activities happening on behalf of the family engagement team.

- **Black History Trivia** - February 5th, 12th, 19th, and 26th
- **Parent Cafe** - February 12, 2025 at IDEA
- **Parent Committee Meeting** - February 18, 2025
- **Parent Committee Meeting** - March 18, 2025
- **Sneaker Ball** - March 20, 2025
- **Free Throw Fridays** - March 3rd, 10th, 17th, 24th, 31st



A School for Your Community - Educare of Washington, DC is an early childhood school built to serve children and families of Washington, DC. We engage and empower parents in their children's learning and provide high-quality education through small class sizes and cutting-edge teaching methods. We are also committed to evaluation and continuous program improvement through our partnerships with the Educare Learning Network, Office of Head Start, and the University of Maryland.